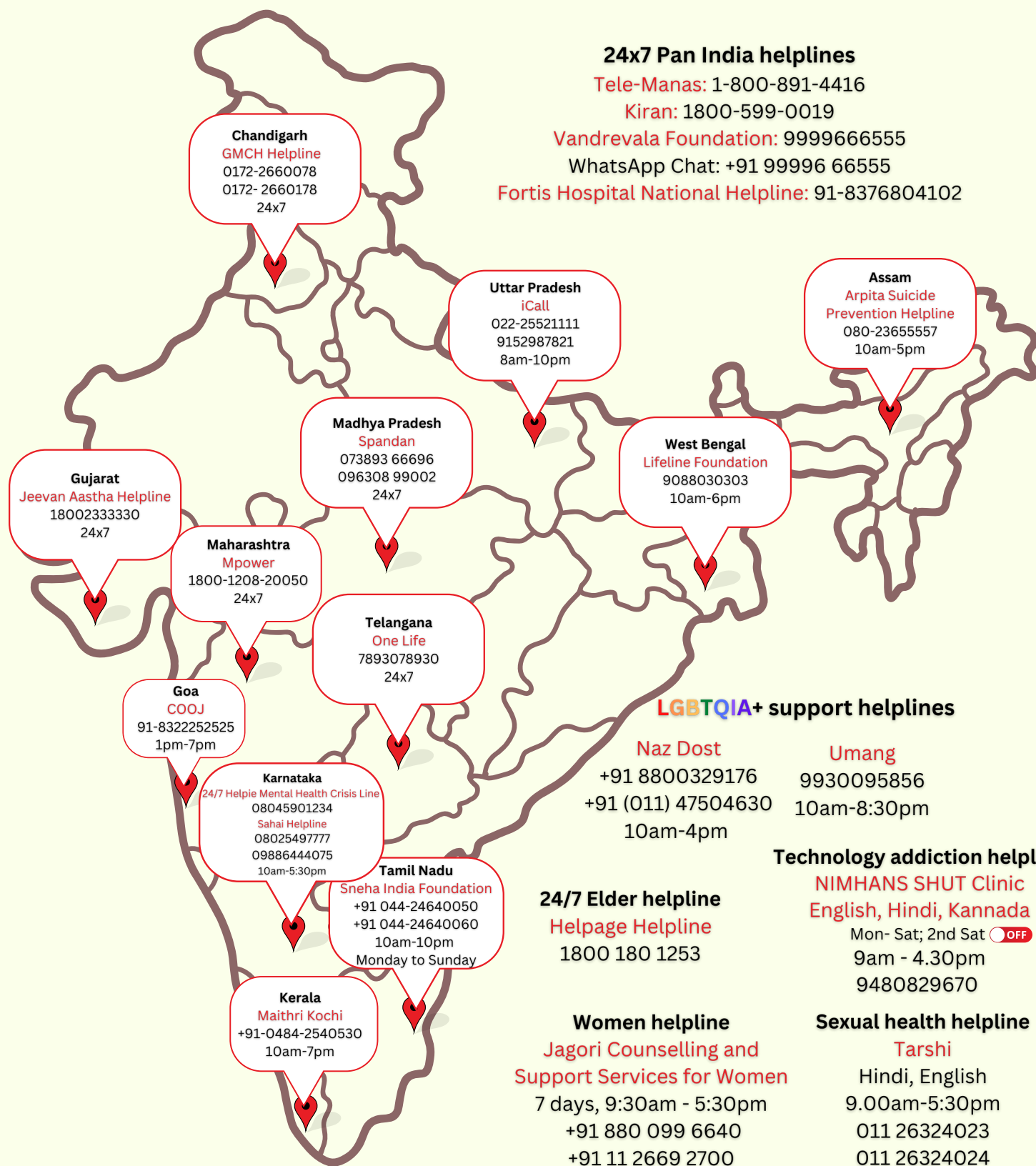


India-wide Verified Mental Health Crisis Helplines

Click on the number, get redirected to the phone dial pad



Collaboratively compiled by the team at the Helpie Mental Health Crisis Helpline

Disclaimer: The Helpie team operates the Helpie Mental Health Crisis Line (Karnataka). Helpie is not in charge of other listed helplines and accepts no responsibility for any changes in the operation or the quality of advice and responses. User discretion is advised. Last updated in November 2022.